TNT Loop (east of London)			Total KM - 149
District 5 - Southeastern Ontario			
Tillsonburg (Intersection 387) to Thamesford (Intersection 230)			
Trail 5-54	KM	62	
	Fuel	Yes	Tillsonburg, Springford, Thamesford
	Food	Yes	Tillsonburg, Thamesford
	Lodgings	Yes	Tillsonburg - Howard Johnson's
	Staging	Yes	Tillsonburg - Howard Johnson's
	Area Dealers	Yes	Tillsonburg - Chesterman Power Products (Polaris). Courtland - Lockhart's Odyssey (Ski-Doo)
Thamesford (Intersection 230) to Intersection 242			
Trail 5-54 to Intesection 229,	KM	43.5	
then Trail 5-57 to Intersection 236,	Fuel	Yes	Thamesford, Sweaburg, Woodstock (take 5-68 from Intersection 242)
then Trail 5-67 to Intersection 242	Food	Yes	Thamesford
	Lodgings	No	
	Staging	No	
	Area Dealers	No	
Intersection 242 to Norwich (Intersection 245)			
Trail 5-67 to Intersection 243,	KM	32.5	
then Trail 5-78 to Intersection 244,	Fuel	Yes	Woodstock (take 5-68 from Intersetion 242), Norwich - at Intersetion 245
then Trail 5-79 to Intersection 245	Food	Yes	Norwich - Tim Horton's
	Lodgings	No	
	Staging	No	
	Area Dealers	Yes	Norwich - Davidson's Sport (Arctic Cat)
Norwick (Intersection 245) to Tillsonburg (Intersetion 387)			
Trail 5-54	KM	10.9	
	Fuel	Yes	Norwich - at Intersetion 245
	Food	Yes	Norwich - Tim Horton's
	Lodgings	Yes	Tillsonburg - Howard Johnson's
	Staging	Yes	Tillsonburg - Howard Johnson's
	Area Dealers	Yes	Tillsonburg - Chesterman Power Products (Polaris). Courtland - Lockhart's Odyssey (Ski-Doo)